

Events This week

- Friday 2nd** Holy Communion 1.30 pm Weyhill
Friday 2nd Holy Communion 2.30 pm Charlton
Wednesday 7th Holy Communion 10 am Tangley
Thursday 8th Compline 9.15 pm Charlton

Notices from around the Benefice....

Church Growth - Lent Course from Sat 10th March
10 am The Rectory Enham please call Revd Val for
details 01264 748065

Tough Questions of Faith – Lent Course The
Rectory Penton 7.30 pm 1st, 8th and 22nd March.

Barn Dance Saturday 10th March 7 pm at The
Fairground Weyhill, Contact Jan 01264 710173
Tickets £10 inc supper.

Buildings Manager required at St Thomas
Charlton Please contact Terry Milne on 01264
391504 or terrymilne62@gmail.com for further
details.

Retreat Day 2018 – Reflection on John's Gospel.
Monday 28th March The Old Dairy Hatherden Tickets
£5 to book call Jude on 07999 352585.

Notes from Pastrow Admin

Call, with any of your dates for events within your
parish. Jude 07999 352585

Issue No 61 Sunday 4th March 2018

In your Prayers please pray for.....

All those in the world that are less fortunate
than ourselves.

Our friends, family and neighbours may they
stay safe and warm in this chilly weather.

Those who are suffering from illness, or the
loss of a loved one, may Gods love bring them
strength to take each step forward.

Our clergy across the benefice.

Community Diary Dates

The Vine Bookshop is looking for volunteers
please call Brenda Sleath on 01264 355706 for
details.

If you would like a prayer said for you, family
or friends by the benefice prayer group
please email prayer@pastrowbenefice.org.uk

Readings This Week

Exod 20 1 – 17 Ps 19
I Cor 1 18 – 25 John 2 13 - 22

Next Week

Num 21 4 – 9 Ps 107 1 – 3 17 – 22
Eph 2 1 – 10 John 3 14 - 21

Words of Encouragement

By Revd Val Gagen

Matthew 5:7...Blessed are the merciful: they shall have
mercy shown them.

I believe with all my heart that mercy and forgiveness are
the whole Gospel.

The experience of forgiveness or mercy is the experience
of a magnanimous God who loves out of total
gratuitousness.

All creation and each one of us have received original
blessing.

Yet we have been conditioned to focus on the negative in
ourselves and in others.

Think of a negative phrase that you have either thought to
yourself, or said aloud, that perhaps stems from a sense of
shame rather than your inherent dignity.

Turn it upside down and say it in the first person and the
present tense to yourself as an affirmation of your God-
given value.

We are all of value in the eyes of God, whatever we may
sometimes feel about ourselves and this is a way of
encouraging yourself by practising these affirmations, so for
example: You may think....I am unlovable...

But you can turn this around to....I am infinitely loved.
And in the same way:

I don't have enough....becomes....I have everything I need.

And ... I am stupid...becomes....I have the mind of Christ.

And...I am worthless....becomes...I am precious in God's
eyes, I am honoured and God loves me.

Read the positive statement aloud, slowly, with intention
and trust, several times.

Then rest silently in the awareness that you are, already and
forever, without any effort or achievement on your part, a
beloved and blessed child of God.

[adapted from Richard Rohr, A Spring Within us: A book of
daily meditations]

Every blessing